

Dr. Jennifer Hammersmark

#209 – 1548 Johnston Road
White Rock, B.C. V4B 3Z8
www.counsellinggroup.co
604.244.6969

EDUCATION

2002 Doctor of Philosophy in Psychology (Ph.D.)

Southern California University

1995 Master of Arts, Applied Behavioural Science (M.A.)

Bastyr University/Leadership Institute of Seattle

1988 Canadian Securities Course

Vancouver, B.C.

1986 Marketing for Small Business

British Columbia Institute of Technology

1985 Bachelor of Science, Computer Information Systems (B.Sc.)

Devry Institute of Technology

HIGHLIGHTS OF QUALIFICATIONS

- Owner of The Counselling Group, a co-operative space for over 45 therapists who share space together in private practice. Services include online marketing, peer supervision, Lunch & Learn continuing education, and collegial support.
- Contributing writer/blogger to Cypress Mountain, Insights Magazine, local newspapers and Mind Your Madness publication.
- Have owned a private practice since 1996 which provides individual, couple and family therapy, as well as training and workshops and support to other therapists
- Natural ability to lead others in a cooperative manner
- Have provided supervision to individuals and groups in centre and agency settings
- Excel at tracking and facilitating interpersonal and group process
- Can adapt quickly to new situations and cultures
- Excellent grasp of English language including grammar and spelling. Easily able to articulate myself and help others to do the same. Can easily write reports, curriculum, manuals and professional correspondence.
- Very organized and good in crisis – can think on my feet
- Math and accounting background; 3rd level R.I.A. achieved
- Owned and operated a company for six years in the downtown core of Vancouver that provided business support services to over forty companies

AREAS OF EXPERTISE

- Family Systems Therapy
- Behavioural Disorders in Children
- Terminally Ill Patients and Bereaved Families
- Stress Management and Conflict Resolution
- Critical Incident Stress Debriefing
- Collaborative Law
- Attention Deficit Hyperactivity Disorder – Diagnosis and Treatment
- Attachment and Anxiety Disorders
- Dialectical Behavioural Therapy of Borderline Personality Disorder
- Trauma and its Impact on Survivors
- Mindfulness

FACILITATING AND TEACHING EXPERIENCE

- Facilitated Critical Incident Stress Debrief groups
- Delivered stress management and team building workshops to mental health organizations and to the Surrey School Board
- Taught parenting classes for Continuing Education
- Co-facilitated group therapy to groups of eight to sixteen people
- Facilitated The Pacific Institute's Investment in Excellence curriculum to hundreds of participants across North America
- Facilitated the Alpha Program, and emceed funerals, weddings and fundraising events

VOLUNTEER WORK

2016 White Rock Business Improvement Association

Board Member for the 2016 - 2018 term.

2010 Liberia, Africa

Medical missions team that provided free medical care to over 1800 people.

2006 Bucharest, Romania

& Provided free counselling services to individuals, as well as seminars and training

2007 to employees of humanitarian organizations two years in a row.

2004 Surrey Crisis Pregnancy Centre

-2008 Board Member

1992 White Rock Hospice

Reception and completion of volunteer training program

PROFESSIONAL AFFILIATIONS

Registered Clinical Counsellor #1078

B.C. Association of Clinical Counsellors

Collaborative Divorce Coach and Child Specialist

Collaborative Family Law Group

Co-Chair 2004/2005 term

WORK HISTORY

1996-present THE COUNSELLING GROUP

PRIVATE PRACTICE

Owner of a private practice for clients of all ages that are dealing with a variety of issues. Referral sources include medical and legal professionals, various organizations and former clients. Managing the practice also includes marketing, administration, support to other therapists, mentoring, supervising and training.

2000-2005 THERAPIST

PEACE PORTAL COUNSELLING CENTRE

Originally participated in a feasibility task force for two years to facilitate the centre opening. Once operational, employed by the centre to provide counselling services and team supervision.

1997-1999 FACILITATOR/TRAINER

Global Partners Inc.

As lead facilitator in a start-up company, my duties included facilitation of Lou Tice's Investment in Excellence curriculum across North America, training facilitators, and developing manuals and protocol.

1997 PSYCHOLOGY INTERN

South Fraser Child Development Centre, Surrey, B.C.

150 hour practicum/internship working with disabled children and their families. Scope included in-house therapy, outreach to pre-schools and in-home consultation. Population included children and adults with cerebral palsy, spina bifida, autism and neurological disorders.

- 1994-2001** **FAMILY THERAPIST/CASE MANAGER/SUPERVISOR**
Brenson Family Program, White Rock and Langely, B.C.
Brenson is an agency that contracts with the Ministry for Children and Families, specializing in children with behaviour disorders. Responsibilities included supervising individuals, teaching parenting classes, individual and family therapy, psychiatric assessment and diagnosis, organization of the respite program, school liaison, group therapy, residential placement, assessment reports, case conferences and collaboration with medical professionals and social workers.
- 1985-1991** **PRESIDENT, RB OFFICE ASSISTANCE**, Vancouver, B.C.
Owned and operated a packaged office business offering secretarial services to many small businesses, and a telephone answering service to 32 companies in the downtown core. Also assisted entrepreneurs and businesses with project management, marketing and sales.
- 1989-1990** **EXECUTIVE ASSISTANT, BUCCI CORPORATION**, Vancouver, B.C.
Secretary to the President. Administrative and secretarial duties, file restructuring, market information research, supervision of staff, and administration of group insurance plan.
- 1986-1989** **TRAINING PLACE HOST, CANADA EMPLOYMENT CENTRE**
Contracted by Control Data Institute to provide work place experience and personal development counselling to women in the areas of self-esteem, assertiveness and skill development.